



Iechyd a Gofal Cymdeithasol yn Ninbych: Ymgysylltu a'r Gymuned

**Rhian, Heulwen ac Imogen o Practice Solutions ydym ni.
Hoffem ni wybod pa wasanaethau yr ydych eu heisiau yn
Ninbych i'ch cefnogi wrth i chi heneiddio.**

Mae Cyngor Sir Ddinbych a Bwrdd Iechyd Betsi Cadwaladr wedi gofyn i ni ganfod yr hyn y mae pobl yn Ninbych a'r ardaloedd cyfagos ei eisiau o bob agwedd o wasanaethau iechyd, gofal cymdeithasol, tai a chymunedol. Bydd y wybodaeth yma'n cael ei defnyddio i gynllunio gwasanaethau i bobl sy'n byw yn Ninbych a'r ardaloedd cyfagos.

Rydym yn gwbl annibynnol o'r Cyngor a'r Bwrdd Iechyd a hoffem siarad â chi i ganfod yr hyn sydd o werth i chi, yr hyn yr ydych chi ei eisiau a'r hyn yr ydych chi'n credu y mae angen ei wella. Gallwn wedyn adrodd yn ôl yn ôl i'r Cyngor a'r Bwrdd Iechyd a dweud wrthyn nhw beth ddylen nhw fod yn ei wneud nawr a dros y 25 mlynedd nesaf er mwyn rhoi'r gwasanaethau gorau posibl i bobl Dinbych i gefnogi eu hiechyd a lles wrth iddyn nhw heneiddio.

Os oes gennych chi ddiddordeb mewn siarad â ni, cysylltwch â Rhian os gwelwch yn dda ar **07468 484003** neu drwy e-bost rhian@practicesolutions-ltd.co.uk

Fel arall, gallwch chi gymryd rhan yn ein harolwg ar-lein
countyconversation.denbighshire.gov.uk/projectcy/579
neu, os oes gennych ffôn clyfar, sganiwch y cod QR





Health and Social Care in Denbigh: Community Engagement

**We are Rhian, Heulwen and Imogen from Practice Solutions.
We would like to know what services you want in Denbigh
to support you as you get older.**

We have been asked by Denbighshire County Council and Betsi Cadwaladr Health Board to find out what people living in the Denbigh and surrounding area want and need from all aspects of health, social care, housing and community services. This information will be used to plan services for people living in Denbigh and the surrounding areas.

We are completely independent from the Council and Health board and would like to speak to you and find out what you value, what you want and what you think needs improving. We can then report back to the Council and Health board and tell them what they should be doing now and over the next 25 years to give the people in Denbigh the best services to support their health and wellbeing as they get older.

If you are interested in speaking to us, please contact Rhian on **07468 484003** or email rhian@practicesolutions-ltd.co.uk

Alternatively, you can take part in our online survey
countyconversation.denbighshire.gov.uk/project/579
or if you have a smartphone, scan the QR code

